



# E.N.S. Foundation of America

“Together we can build better families and stronger communities”



Volume 2 Issue 2

4th Quarter 2005

## Entrepreneurial Workshop Empowers

Ownership is important to today’s youth, a desire carried over from adults.

Ownership seems to say, “I am somebody”. For generations the desire to have “ownership” of land, a home, a business has had the connotation of being a

step above those who do not own. At-risk youth usually feel that ownership is beyond their grasp, but workshops held at ENS showed young

people that they too can be a part of the “American Dream” of ownership.

The various topics of the workshop included: self-evaluation, copyright

laws, career interests, employment skills, interviewing, budgeting and banking/resource management and establishing healthy relationships.

The workshop was held in cooperation with Elizabeth Harris Charity, founder of

Youth Outreach Services. Ms. Harris Charity also

**See pg. 5 Workshop**

### Liz Harris-Charity talks about ownership



The most recent workshop held in July and August was conducted by business and professions and targeted youth ages 8-16.

## ENS Attends Chamber Event

As members of the PWC Chamber, ENS attended a meeting at Westminster Senior Living facility in LakeRidge. It was a wonderful opportunity to network and promote our programs and needs. ENS needs to attract quality mentors who have a heart for youth. Mr. Daniels was available to speak about the programs provided by ENS and provided information for those interested in volunteering or in donating to assist in the better future for area at-risk youth and families in need.

## Daniels Speaks to LakeRidge Rotary

Len Daniels was recently asked to speak about ENS at the September 17, 2005 meeting of the LakeRidge Rotary Club held at Westminster in LakeRidge. Daniels was invited by Rotarian and owner of Floral Affair, Larry Kalbfleisch.

Daniels stated, “The members of the club were very interested in our program and I feel they now have a better understanding of our goals, the need to mentor and how good mentors can change the path of our youth providing a brighter future.”



**Rotarian Larry Kalbfleisch and Leonord Daniels, ENS CEO speak at Rotary meeting.**

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Leonard Daniels, CEO



Len Daniels

An investment in our youth is an investment in a better tomorrow.

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Pastor, Victory Family Outreach Ministries

### Gregory Coopwood

Principal, CEO, Industrial Consultant  
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**Darmel Williams** - Asst. Project Director

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**Victory Family Outreach Ministries -- We are pleased to announce and welcome Victory Family Outreach Ministries, Woodbridge, VA, Rev John Reid, Pastor, as a partner in developing a youth mentoring focus, with Gregory Coopwood as the Program Ministry Director.**

## Words from the Director

*“Who mentored you is the question?”*

The Answer is, *“Well, thank them...and pass it on!”*

Our communities are no longer as closely knit as they once were with the family including the nuclear family in close proximity. Youth nurturers are sorely missing as families have spread out across the community and often state or country. Mentoring was once done by members of the extended family or teachers in a small closely connected community. The idea behind “Who mentored you?” is to remind us our heritage, our past and of those who mentored us – the people who made a difference in our own life.

I wish to encourage each and every individual to really think about the people who have touched your life along the way. Think about how valuable the knowledge and wisdom, and the love, that person brought into your life was to you. Contemplate how different your life may have been had that person not have been a part of your life. Think about your journey, your formative years and the unexpected people, who with a little genius stepped in and made a difference in your walk. Was that person a family member, a teacher, a coach, neighbor, employer, or possibly a friend — who encouraged and took special interest in you, whoever turned the lights on (so to say), or showed you the ropes, in a small or large part, helped you become who you are today. That person may have really made all the difference in the success you have accomplished.

In the life of today's youth, the above analogy is a truism of grand proportion. As never before, the importance of guidance by a caring person who guides you on the pathway to success is invaluable. Those who have helped us along our journey mentored us and we all need mentors today as never before.

“Who mentored you? This question is a simple reminder to us. Mentors, people who give of their time, can make a gigantic difference in the life of a youth. Mentoring is an excellent vehicle for restoring, and even bringing a community together. If each individual would give only a small piece of their time, a huge change could be made in our society, one youth at a time.

Many of today's young people, too often, do not get enough of the kind of support many of us have received. The mentoring programs at ENS can help fill the gap for many of these young, soon to be, adults. We need volunteers with a loving, giving heart who are willing to offer a bit of their time. Men and women who are willing to be the person that a youth may need to guide them on their pathway to success as they grow into adulthood. You might be that special person to offer your success to another. You can pay back what you were given.



## Are Black Families Failing?

According to an article in the Washington Post by William Raspberry he declares, “There is a crisis of unprecedented magnitude in the black community, one that goes to the

very heart of its survival. The black family is failing.” But, in his opinion an accurate picture of reality?

**See pg. 3 Family**



## From the Board

### Greetings:

This is an exciting time for service to God and to our fellow man. There has never been a greater need than now to turn the world "right-side" up. As Chairman of the Board of Directors I encourage all to get on board this marvelous ENS train that we might be able, by all means, to "save some". I solicit your support physically and financially. There is nothing more gratifying to ones self-worth than having impacted the life of another individual, especially that of a child. Won't you partner with us today?

**Rev. James Scott, Chairman of the Board, E.N.S.**

### Family from pg. 2

As Raspberry chronicles the decades long striving of many, including Daniel Patrick Moynihan, to bring attention to the issues facing black families, among them education, marriage and out-of-wedlock children, and incarceration, he proclaims that "black men aren't *born* incarcerated, crime-prone dropouts." According to Raspberry's article, incarceration is an increasing reason that many black homes lack a male parent. The problem is complex.

Raspberry states that many (most) black men are, as a general rule, "marriage ineligible". The reasons he sights are:

#### At the low-income end –

- Disproportionate numbers of black men incarcerated.
- Unemployment
- Early death

#### At the upper-income end-

- Black women are more likely to complete high school, attend college and earn the professional credentials that would render them "eligible" for marriage.
- Black men lacking these educational and professional credentials are deemed

"ineligible" for marriage.

He also notes that the percentage of out-of-wedlock births for black mothers has grown from ¼ of the births in Moynihan's study to 2/3 of the babies born to black women today are born to out-of-wedlock mothers.

According to the Washington Post article Raspberry states:

"Fatherless boys (as a general rule) become ineligible to be husbands – though no less likely to become fathers – and their children fall into the patterns that render them ineligible to be husbands.

He goes on to say: "The absence of fathers means, as well, that girls lack both a pattern against which to measure the boys who pursue them and an example of sacrificial love between a man and a woman."

Raspberry's article was written as a result of Advanced Christian Studies and the words of several black clergy who had visited Washington D.C.

Raspberry, in his article, stated, "Interestingly, they (clergy) blamed the black church for abetting the decline of the black family – by moderating virtually out of existence its once stern sanctions against extramarital sex and childbirth and by

## UPCOMING EVENTS

### OCTOBER

8<sup>th</sup> - 10:00 a.m. – Support Group Meeting

11:00 a.m. – 1:00 p.m. – Mentoring Session Lesson # 2  
2:00 – 4:00 p.m. – Program Coordinator Training (Day 1 of 2 Days) Staff

11<sup>th</sup> - 6:30 – 8:30 p.m. – Mentor Training I @ ENS

18<sup>th</sup> - (Tentative) – Training II @ ENS

22<sup>nd</sup> - 11:00 a.m. – 1 p.m. – Open Mentoring Session (Mentor/ Mentee- Optional – Lesson # 3  
2:00 p.m. – 4 p.m. – Program Coordinator Training (Day 2 of 2 Days) Staff

### NOVEMBER

1<sup>st</sup> - ENS Community Intramural Sports – Period Team/Coach Selection

2<sup>nd</sup> - Boys/Oratorical Themes – Provided for Essay or Oral Competition

4<sup>th</sup> - 8:00 a.m. – 10:00 a.m. – 2<sup>nd</sup> Annual Pastoral Breakfast; Ramada Inn Quantico – **being rescheduled**

8<sup>th</sup> - 6:30 p.m. – 8:30 p.m. – Mentor Training I @ ENS

12<sup>th</sup> - 10:00 a.m. – Support Group Meeting  
11:00 a.m. – 1:00 p.m. – Mentoring Session Lesson # 4  
2:00 p.m. – 4:00 p.m. – Program Development Seminar Staff

15<sup>th</sup> - Training II @ ENS – Tentative

26<sup>th</sup> - 11:00 a.m. – 1:00 p.m. – Mentoring Session (Mentor/ Mentee Option)

### DECEMBER

10<sup>th</sup> - 10:00 a.m. – Support Group Meeting  
11:00 a.m. – 1:00 p.m. – Mentoring Session Lesson # 5

13<sup>th</sup> - 6:00 p.m. – 8:30 p.m. – Mentor Training I @ ENS

17<sup>th</sup> - 8:30 a.m. – Mentor-Mentee Christmas Breakfast & Breakfast (location to be announced)

20<sup>th</sup> - Training II @ ENS (Tentative)

25<sup>th</sup> – **Merry Christmas, Happy Holidays. See you in 2006!**

### JANUARY 2006

1<sup>st</sup> – **Make your New Year's Resolution be to Help Us make 2006 a great year for At-risk youth. It's a new beginning for our future generation!**

10<sup>th</sup> - 6:30 p.m. – 8:30 p.m. – Mentor Training I @ ENS

14<sup>th</sup> - 10:00 a.m. – Support Group Meeting  
11:00 a.m. – 1:00 p.m. - Mentoring Session  
2:00 – 4:00 p.m. – Program Development Seminar Staff

17<sup>th</sup> - Training II @ ENS (Tentative)

28<sup>th</sup> - 11:00 a.m. – 1:00 p.m. – Mentoring Session

accepting the present trends as more or less inevitable." He also noted that the clergy were at pains in noting that it isn't the incompetence of mothers that is at issue but the absence of half of the adult support needed for families to be most effective.

Raspberry's article

although focused at the breakdown of the black family voices the concerns at the heart of all low-income, lesser educated, and single family homes. It is the root of at-risk youth of all colors.

**Excerpts are from an article by William Raspberry in the the July 25, 2005 issue of the Washington Post**

# Why Partner?

...Mentors are partners too!

"I knew there was a need and I thought 'I have something to give'," said **Hilton Harding** explaining why he became a mentor with the ENS youth mentoring program.

The father of a son in the USAF stationed in Japan with the Office of Special Investigations, and

grandfather of two, who has been married to his wife for 33 years, and who is working at his second career in Insurance has many reasons to not get involved as a mentor or any volunteer position. But he answered the need he saw, and is glad



**Mentor  
Hilton Harding**

he did. Harding says the first time he and Javon met there was an instant connection. "Javon reminds me of me when I was his age," voiced Harding.

Harding travels a lot with his present job. He says he often

finds himself thinking of Javon and missing the young boy when he is on business trips. He often calls just to check on him and ask how things are going at school.

He enjoys spending time with his charge. Mentoring obviously means a lot to this man who retired from the Washington, D.C. government. He also served in the Vietnam War while in the service.

"There is a tremendous need for young men to step up," Harding said. He says that younger adult males need to consider the rewards of mentoring and know the feeling of making a positive change in the life of a young boy. It is a way of giving back and is really rewarding.

## FACTS

### Statistics on Causes and Effects --

#### Child Abuse, Gang Activity and Mentoring

##### Underlying & Contributing Factors - Child Abuse [ref 1] ·

##### Risk factors associated with child abuse and neglect are:-[ref 12]

- Family poverty
- Family stress
- Single parent family
- Drug or alcohol use by one or more family members
- Parental history of abuse or neglect
- Unemployment
- Poor education
- Family isolation ·

##### Risk factors associated with child sexual abuse:-[ref 15]

- Poor parent-child relationships
- Poor relationships between parents
- Absence of a protective parent
- Presence of a non-biologically related male in the home. ·

It is estimated that

9 - 10 million children under the age of 18 are directly affected by substance-abusing parents.- [ref 13] ·

In 1995, in 15 states reporting information, 40% of child abuse cases involved substance abuse.-[ref 14] ·

Adults who mistreat their own children, and those who are perpetrators or victims of spousal abuse, were often themselves victims or abuse.-[ref 12]

Youth Gang Survey Statistics - 1997[ref 7] ·

##### Juristictions Reporting Youth Gangs by Area Type

- 72% — Large City
  - 33% — Small City
  - 56% — Suburban Cnty
  - 24% — Rural Cnty
  - 51% — Overall ·
- Juristictions Reporting Youth Gangs by Region
- 74% — West

- 52% — Midwest
- 49% — South
- 31% — Northeast
- 51% — Overall ·

##### Reported Gangs and Members

- Gangs — 18,267
- Gang Members — 655,385

##### Estimates to Include

##### Areas not Responding to Survey

- Gangs — 30,533
- Gang Members — 815,896

##### Incarceration Statistics[ref 2] ·

##### Incarceration Rate

per 100,000

- 1990 — 461
- 1991 — 483 — + 4.8%
- 1992 — 508 — + 5.2%
- 1993 — 531 — + 4.5%
- 1994 — 567 — + 6.8%
- 1995 — 601 — + 6.0%
- 1996 — 618 — + 2.8%
- 1997 — 649 — + 5.0%
- 1998 — 672 — + 3.5% ·

##### Juvenile Crime Statistics [ref 5] ·

All Crime Arrests (includes curfew)

- 1993-1994 — +10.7%
- 1994-1995 — + 0.9% — cum +11.6%
- 1995-1996 — + 0.8% — cum +12.4%
- 1996-1997 — - 2.1% — cum +10.3% ·

##### Violent Crime Arrests

- 1993-1994 — +19.4%
- 1994-1995 — - 5.4% — cum +14.0%
- 1995-1996 — -14.8% — cum - 0.8%
- 1996-1997 — - 5.0% — cum - 5.8% ·

##### Murder Arrests

- 1993-1994 — - 4.6%
- 1994-1995 — -11.1% — cum -15.6%
- 1995-1996 — -18.6% — cum -34.2%
- 1996-1997 — -16.1% — cum -50.4%

##### Mentoring-Effects on Behavior [ref 4] ·

##### Initiating Drug Use

- down 45.8% · Initiating Alcohol Use — down 27.4% · Number of Times Hit Someone — down 31.7% · Grades — up 3% · Scholastic Competence — up 4.3% · Skipped Class — down 36.7% · Skipped Day of School — down 52.2%

##### REFERENCES:

- 1- Violence Prevention Coalition of Orange County
- 2- Bureau of Justice Statistics Bulletin - "Prisoners in 1998" - 8/99
- 3- FBI Uniform Crime Reports 1997 (Internet Site). Calculated from Index of Crime Table 1 by taking the percent change in the rate per 100,000.
- 4- OJJDP — Juvenile Justice Bulletin 4/97 (An Evaluation of 8 Big Brother/Big Sister Sites) (All items statistically significant at at least a 90% level of confidence)
- 5- FBI Uniform Crime Reports 1997 (Internet Site). Calculated from Tables 34 & 36 for each year by taking the percent change in the rate per 100,000.
- 6- Irvine Health Foundation - Third Annual Report on the Condition of Children in Orange County
- 7- 1997 National Youth Gang Survey - OJJDP (US Dept of Justice)
- 8-
- 9- National Institute of Justice - 1992
- 10- California Wellness Foundation
- 11- New England Journal of Medicine - 1986
- 12- Irvine Health Foundation - Second Annual Report on the Status of Children in Orange County
- 13- Woodside - 1988
- 14- Lung & Daro, 1996
- 15- Pediatrics in Review, July - 1996

# ENS In Action

## Youth, Mentors and Board Members enjoy "Bowling Night"

Mentors, Mentees (youth being mentored) and others involved in various ENS programs joined together recently at the AMF Bowling Center in Dale City for an enjoyable time bowling, food and other games. The evening provided

mentors and their assigned mentee another opportunity

to bond in a positive and fun environment.

Everyone had a great time as the emphasis was not on the game, but on having fun together. The well-attended event included family members of those involved in ENS at all areas and will become a regularly scheduled part of the program.



## ENS joins panel at Stop the Violence and Gang Prevention at Hilton Chapel, Woodbridge

CEO Leonard Daniels joined the panel of men at Hilton Chapel for the

gang problems addressing our youth today. Mr. Daniels was but one of the many men

Williams, Carlos Castro, Todos Market, area churches, and non-profit organizations designed to improve the future of our world through the strengthening of families and programs that address the specific needs of youth. It

is through concerned adults, churches and other organizations that a change can and will be made.

**ONE YOUTH, ONE  
Adult AT A TIME**

**WE CAN MAKE A  
Difference!**



**Photo at Left - Daniels (second from right) on Stop the Violence Panel at Hilton Chapel**

Stop the Violence and Gang Prevention August, 30, 2005. The program focused on the many and various needs of families to find ways to prevent the violence and

on the panel that included Senator Colgan, Supv. Sean Connaughton, Del. Jeff Frederick, Ernie Porta candidate for 51st Dist., Virginia State Trooper

### Workshop from pg. 1

works with youth at the Juvenile Detention Center to help prepare them for life

after release.

The Entrepreneurial Workshop was just another of the many programs that E.N.S. utilizes to better prepare at-risk youth for a better future.

# Making a Difference

*This column is designed to help the community, youth and our supporters understand the problems facing many, if not all, of today's youth. These are true stories by those who did not find help before it became too late. The writings are unedited and exhibit a true view of what the author feels and has experienced. Too many of our youth are lost to the streets for many reasons. Often they simply don't think that anyone cares about them. This feeling leads to the susceptibility of gang recruitment, suicidal thoughts, depression (which is at epidemic levels in teens today) and the lack of educational success. The streets and its elements offer false promise in the name of being a part of something, acceptance that leads to a path of more despair and ultimately into jails or death.*

*This scenario does not have to be the view of future generations. Hope is possible. But for these youth to find a new path we must act now. Tomorrow may be too late. We can save our youth. We can offer a new vision, a new path. But, the sacrifice to cause that change depends on us. One youth at a time, one adult at a time, we can change the future. It is up to me and you.*

**Read and know the cost of non-action. Then decide to take action.**

## A LETTER FROM A 17 YEAR OLD ON THE WAY TO PRISON

What's up to all those out there in the real and free!

I'm 17 years old and I'm an ex-gang member on my way to state prison. The reason I'm writtin' this letter is to answer a couple of questions that's been asked from the youngstas on the streetz. Check it, some of ya'all ask how gangs can mess up your life and what I will say about that is, look at me. I mean, come on - all gangs are basically the same, about worshiping drugs, hate and hurt. Now you might say that

you don't deal with none of those things, but if you're really gang-bangin you are. And if you're not really gang bangin, then you have more of a chance of getting out than a person who is doin da most and bangin to the fullest. When I was out, I was one of those who was doin da most and now look where I'm at. Ain't none of my homies in dis cell with me. It's just me and the Lord.

Let me say this to all those smart pretty young ladies and soldiers. Bangin ain't all it seems or looks. Bangin is for real; it ain't no game. Folks is gettin laid down to dis so-called bangin life. Dudes is getting locked up for life behind bars for this gang-bangin. Now if you don't think losin your life can't

change your life, then there's really somethin wrong, and bangin can't even help you know. The way I put it, bangin is a blindfold over your eyes - cause you know how you can't see when you got one over your eyes? Well, that's how bangin is. You can't see nothing outside the gang, hood, or block. Hope you get that. So, to all those homegirls and homies thinking the life of bangin is the life for them, let me tell you that the life of bangin is for no one. And if you think so, think again. I mean, don't get me wrong or nothing cause I'm not a preacher or anything like that, but I am a young brotha willin to help someone that's bout to make the biggest mistake of your life.

D.J.  
California - 2005  
*unedited*

## Donors & Sponsors

### Corporate and Business Contributors

- Bellamy Management Services, Inc
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- Renewed Minds, Inc
- Youth Outreach Services, Inc
- Mount Zion Baptist Church
- First Mount Zion Baptist Church
- Victory Family Outreach Ministries

ENS Thanks the above individuals, businesses, and organizations who have made an investment in our youth. Investing in our youth is an investment in future generations. With your help we can improve the future of our community and our youth brighter. Again, thank you from ENS

**You Can Help!**

### Federal Employees...

You can donate to ENS through the CFC Campaign. Affiliation # 7150.

### Adolescent Girls Program to begin this fall!

This fall ENS will launch it's it adolescent girls program, DOVES. Headed by Darmel Williams and April Barrett.



- D - Diversity
- O - Outreach
- V - Voice & View Point
- E - Economics
- S - Social & Self Awareness

**Our focus is family values, integrity & teamwork.**

# Mentor Success Stories



**Javon with his mentor  
Hilton Harding**

Javon is a 13-year-old with a captivating smile that brightens his face each time his mentor, Hilton Harding speaks about him, especially when Harding pridefully touches his shoulder. The bond

between these two is quickly noticed.

Javon is one of the newest mentees in the ENS program. The sixth grader loves to talk about his mother and the three brothers that live at home – the family consists of 10 boys and one girl. Brothers Cornelius, Isaiah and Ishmael also enjoy the E.N.S. program. Each boy has his own mentor... their own adult who is there for them alone – a premium for a child in a one-parent home of so many children.

Javon loves to play football. He is a receiver on his school team and his hero's on the field are Raiders, Randy Moss and Terrell Owens with the Eagles.

Javon says he

enjoys his time with Mr. Harding. "He helps me out and teaches me new things and gives me ideas – how to open a new business and make money." He refers to the Entrepreneur clinic recently held at E.N.S. Jovan cuts grass to make money now.

Javon dreams, "To make money and become rich and buy my mom a house and a car," he said.

Javon says his favorite thing about Mr. Harding is that, "He's nice and he takes me places – he takes time to be with me."

That is really what it is all about, having someone who cares enough to spend time with you and with you alone on a one-on-one basis. That is what Jovan feels is most important.



**Oprah Winfrey** – Renowned talk show host, whose contributions in television, publishing, music, film, philanthropy, education, health, fitness and humanitarian

Oprah Winfrey has proven what good mentoring can do. Raised in abject poverty, she received her first pair of shoes in 1959 at age 6. She learned to read at age 2½. In fact, when it was time for her to start kindergarten, she wrote a note to her teacher insisting she should be in first grade.

Oprah is the first African American woman to be named a Forbes Billionaire and today is touted as the wealthiest woman in the world.

Source: Oprah Winfrey Show and Oprah.com



**Darrell Green** – Former Washington Redskin for 20 seasons, two-time Super Bowl Champion and four-time NFL Fastest Man, Founder of the Youth Life Foundation

"I had a coach who encouraged me and told me that I could be a great running athlete. I started track in the tenth grade and football in the eleventh grade. In middle school, I met this coach and he helped me to identify the challenges and turn them into possibilities."

"I think real success is when you have reached the goal, but more importantly it is when you realize how many people you have helped along the way."

Source: Guest appearance at E.N.S. Gala, Darrell Green official website.

## OUR VISION:

To build better families and safer communities one child, one adult, and one person at a time - offering total holistic mentoring.

## THERE IS A COST TO ALL THINGS.

WE CAN PAY NOW BY INVESTING IN OUR YOUTH

OR WE CAN PAY IN THE FUTURE THROUGH THE LOSS OF ANOTHER GENERATION TO THE STREETS AND RISING SOCIAL COSTS?

**Help  
At-risk  
Youth**

**Donate Your Used Car to help us promote youth mentoring!**



Your useable car provides you with a **tax deduction** while helping provide **At-risk youth a more promising future.**

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**Partner with us to Save a child!**

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MAKE A DIFFERENCE!**

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<b>ENRICHMENT DONATION:</b> Enrich the life of an At-risk youth and families.		<b>SPONSOR A YOUTH:</b>	
		I (we) would like to commit a monthly pledge of:	
		<input type="checkbox"/>	\$2,000 per year
		<input type="checkbox"/>	\$1,000 per year
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Name (Last, First, Middle Initial)		I (we) would like to commit a monthly pledge of:	
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Home Ph. #	Cell Ph. #	Work ph. #	<input type="checkbox"/>
Personal Email Address		<input type="checkbox"/>	\$250 per year
Business Email Address		<input type="checkbox"/>	\$100 per year
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