



Ezra Nehemiah Solomon, Inc

Eight Anniversary Edition

ENS Report

**Volume 6, Issue 1
July 2010**

Special points of interest:

1. ENS Receives JAG Grant to Improve its evidence-based programming to Provide Prevention Education and Reduce Youth Violence
2. ENS Celebrates its 8th Anniversary
3. ENS adds Family Advocate
4. ENS to add Clinical Specialist to Staff and increases conflict resolution programming
5. 2010 Begins Life Skills Programming & Curriculum change

Inside this Issue

Message from the CEO	1
Outstanding Mentors Awardees	2
Updates—Mentoring, Life Skills Development—Male and Female	2 - 4
Lake Ridge Rotary Career Day	4
Article—10 Mistakes Parents Make	4, 7
Summer Program	5
CEO Receives 2010 WJB Minority Business Leaders Award	6

Message from the Desk, CEO & Executive Director

Having served for eight years as CEO, the successes have been remarkable. I want to continue to encourage the community supporters and donors, the ENS staff and volunteers, to “keep up the good work”.

We all have a part to play. Each of us doing our part to strengthen and build future families is our mission. It is critical to America’s future. To continue this journey of success we will continually need the tools of preparedness, foresight, strategy and commitment. These tenants lead to a path of success and quality. It is imperative to combine these four forces in ENS’s Youth and Family Services, where comprehensive and holistic mentoring services acts like a pivot tilting

the balance of life in favor of impacting youth and the family’s wellbeing. We are just beginning to fully enable the key services we envisioned. At ENS, we realize the need for everyone work in their area passion. Great things happen. This we encourage. By teaming with community

...Doing our part to strengthen families of the future is our mission..

partners, stakeholders and volunteers, this helps us be an effective service thereby building stronger families: one – youth and one – parent at a time. This is one critical way to reverse trends that destroy our family units.

As our families and communities are challenged by ever increasing demands, we attempt to provide that criti-

cal support in values and character that carries our youth to educational, social, emotional and physical completeness which are critical to wholesome decision making and life style choices. As we forge ahead for the future, targeting youth from single parent homes (with absent fathers or mothers), we are confident that we have the success factors to make the difference between success and failure. The eminence of ENS (a goal of restoration) began as the dream of one man transformed into the dream of many. We together will strive to accomplish even our dreams and goals to bring greater effulgence for youth and families that need the assets we provide.

By Leonard Daniels

Comprehensive Services Team

Recognizes ENS’s Healthy Community Healthy Youth - Mentee & Mentors

Youth and Mentors of the ENS mentoring program was recognized at the HCHY and CMPT Awards Ceremony for their program commitment and service to the community. Sharing the awards are Michael Bouie, ENS Chairman, Victor Evans, Family Preservation, and Actg Director, DSS, Richardo Perez.



on April 23, 2010. ENS has a number of alliances and partnerships with community organizations throughout Prince William County who rely on services offered by ENS to support commu-

nity needs. The CMPT in particular works closely with ENS to promote mentoring services through authorizations of vendor services that ENS provides. Recipients of the awards for the youth are Jesstyn Wise, Shahnewaz Bhuiyan, Jahmir Redmond, Ceara Small, Karen Cater, Naiya Redmond, Anthony Buzanca and others. Mentors are James McDonald, Brandon Wiggins, Tony Tucker, Jerron Ferron, Sherry Stone, Crissy Arledge. Congratulations to all of our awardees for a job well done.

Advisors

Board of Directors

Michael Bouie, Chairman

James Scott

Hansel Taylor

Gregory Coopwood

Gregory Alleyne

Willie Collins, Marketing

Arthur Sobers, Liaison

Tony Tucker

CEO/Executive Director

Leonard Daniels

Outstanding Mentors Recognitions

The year was a great year for high performance and exceptional mentors. These mentor awards went to four recipients: Brandon Wiggins, James Mc Donald, Tony Tucker and Jerron Ferren.

While ENS recognizes many mentors and the great work that they do. Two mentors were recognized for outstanding mentorship of 2009-2010. They were Tony Tucker and Jerron Ferren.

Tony has distin-



guished himself for his work as lead mentor in his work in supporting mentoring and coordination of life skills sessions while working one on one concurrently as a mentor. Tony has served as a mentor for 4 years.

Jerron likewise has served as Assist Program Coordinator while serving as one-on-one mentor. The high level of support Jerron provides has proven exception to the youth he supports. Jerron's mature - youthful qualities and background in military service has

uniquely prepared him.

Both Tony and Jerron have demonstrated high commitment, maturity and trust that serves them well.



Quote - "the quality of person's life is in direct proportion to their commitment to excellence, regardless of their chosen field of endeavor"

School Year Life-skills Development Programming

Planners for the adolescent male and female life skills programming have provided a balance mix of skills fundamentals, special speakers, and peer counseling sessions coupled with community-based instructions, and the community-base instructions and socials have made this special.

For males - age appropriate sessions - Lead by Brandon Wiggins and supported as Coordinator, Tony Tucker, this year's focus for the boys group covered many topics among them included the following: Who is the judge; the principle of au-

thority; how grown is grown; Is it really necessary to curse; The importance of education; The importance of controlling your passion and not letting them control you; The opposite sex—the greatest test; Keeping your father files open; The meaning—cops and robbers and law enforcement; Are you a quitter; A man in your face; A strong moral cord; Understanding the certainty of change and preparing for it; Never forget the shoulders you stand on; and Your father should teach you how to live/die and how to grow old.

For females—age appropriate session lead by Crissy Arledge,

Sherry Stone and Karen Melton, this year's focus for the girls group covered many topics included the following: Dealing with your past—who am I; Do I like who I am; Personal management—how can I control my attitude/words in times of pressure; The principle of authority and submission; Do peer pressure influence me or do I influence peer pressure; The real deal regarding relationships; Do I inspire to be a youth lady or a copy cat; Claiming wisdom and climbing higher; Addressing what lies ahead—is it about me?; Your work ethic; Healthy attitude about money; and A mother should teach you how to live/die and how to grow old.

Holiday Breakfast

This year's Christmas breakfast was for recognizing the fall protégés. The speaker for the event was Minister Michael Bouie. The topic focused personal responsibility and taking ownership as a choice. Speaker Bouie who charge the mentors and the entire organization with responsibility for meeting all stated needs and agreements made in achieving all growth and development goals for each

youth.

The highlight of the was the formal recognition of recent addition protégés into the mentoring program. Those recognized included Jesstyn Wise, Shahanzwaz Bhuiyan; Jahmir Redmond; Naiya Redmond; Anthony Buzzanca; Ceara Small, Karen Cater; Teryn Bell; Lavon Redmon; Harvey Walden; Raivon Anderson; Sha Bowen; DySha Bowen; Kamren Sherrod; and Tyra Powers. These



youth participated in a candle light matching ceremony. Marking official entry into the mentoring relationship and development of goals for each youth.

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Tony Tucker
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Program Coordinator
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Karen Melton
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Parent & Mentor Support Group Programming
Michael Bouie
James Scott
Tony Tucker

Summer Enrichment Camp
Family Services
Access & Visitation
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Female Program Life Skills Support

Ms. Karen Melton, Program Coordinator (shown in the inset) is having a private session with protégé, Ms Tyra Powers.

ENS is proud of its adolescent female mentoring and life skills program. Our young ladies have similar but often unique growth concerns than



Karen Melton

the boys. Although similar to the boys, there are differences for the young ladies. This program has proved popular to parents. While ENS uses an evidence based program curriculum for life-skills programming, it allows additional flexibility in the program to adjust to special



Tyra Powers

cases and needs. The Program Coordination was lead by the team comprising of Ms. Arledge and Ms. Stone; and lead later by Ms. Karen Melton, who was added to the group. Karen, revamped the format and structure of the program. Anita Waddell finds a special moment for the camera with protégés—Ceara and Niaya.



Male Program Life Skills Support

ENS is most proud of its adolescent male program. Mentoring is the center piece of this program. Because of unique child needs, mentoring must include a blanket of supplemental supporting services. This means, our programming is more robust and intensive than traditional mentoring programs. ENS has built a new standard model for effectiveness over the years that best serves parents and youth to achieve their goals.

A minimum of 1 years is a requirement of all mentors. Optimal programming youth are a minimum of 24 months of continuous mentoring and life skills programming. Some youth may require additional services that may include after school remediation for academic enrichment support and summer enrichment camp. ENS programmers and directors have been adaptive and have learned that evidenced-based pro-

gramming, as a core competency, is essential to our overall effectiveness. However, this programming must be flexible for special cases and unique situations. Accordingly, ENS finds it must augment it programming to meet unique and special situations and needs.

Keeping it simple is somewhat difficult. We program over 60 topics that's in our resource pool. We seek to provide each youth over a 24 month to 36 month period of life-skills development programming.

Bull Run United Way Bowl-A-Thon Challenge



For the past 2 years, ENS along with many other United Way Agencies have

participated in the local match program Bowl-A-Thon at Bull Run Center.

The event has enabled ENS and other local nonprofits to get to know each other in an informal setting. The time is worth it in networking and given every agency's annual programs



that require almost non-stop operating demands on our team.

Our Vision
To build better families and safer communities—one child, one adult, and one community at a time

Offering holistic mentoring services & support as a competency to our most vulnerable but valuable assets

There is a cost to all things.

We can pay now by investing in our youth Or, We can pay in the future through the loss of another generation to street learning and rising social costs? We choose to take a stand—will you join us?

If you can't volunteer, financial resources help as well – you may donate

ENS Seeks Addition—Full Clinical Services

Yes, best mentoring practices will remain our center piece of services. We will complement this service with clinical mental health is also a needed complement to complete youth and family services..

For fall 2010, ENS Board now considers full addition of clinical services to complement our existing program services a priority. Heretofore, we have had to turn-away too many families where mentor-

ing services were needed and requested; but expanded system of care—clinical therapy was not offered. This addition fully enable our Holistic or Wrap-Around service.

Our goal is to provide a service that meets the need and a solid system of care that is appropriate and non-intrusive have been our objective from our inception. As such, ENS will add Medicaid and insurance reimbursable services to our annual program plan.

ENS Is Selected for 2010 Jane Byrnes Grant

With support from the Town of Dumfries, as Executive Agent, ENS was selected. The \$75K 2010 grant will aid ENS is beginning to transition from the TALKS curriculum to the more robust evidenced-base Early Riser/ PATH program and Life Skills.

The focus of this project will be on prevention and education and we will target expanding our program and improving the quality of services.

It will not provide all the

needed resources for personnel support complements but will go a long ways in our programming to mitigate juvenile delinquency and provide drug prevention education.

ENS is elated that our program was selected. We will seek additional support to fully fund the personnel side of the program. As a result, ENS will expand its case management staff to improve the quality of services with families.

Lake Ridge Rotary Club Partners—Youth Career Day

Thanks to President, Victor Evans, and Lake Ridge Rotary Club Members for Career Day support.

This event was organized and facilitated by Directors Gregory Coopwood and Willie Collins. In addition to the Rotary Club businessmen, the entire ENS organization want to thank Director Coopwood for facilitation of this event, and Director Willie Collins for services supporting it as Master of Ceremony.



Many to thank. Thanks to Charles Stokes, First Mount Zion Church who provided team building facilitator for several learning activities. Without the commitment to sharing the insights of their

professional life and business experiences, this event would not be possible.

The Rotary Team members included —Victor Evans, Jason Hickman—attorney at law, Larry Kalbfleisch, A Floral Affair, Tom Rotelli, Marketing and Event Planning, Bill Lieu, Architect & Graphic Artist.

The purpose of the Career



Day Event was to provide the broadest exposure to underserved youth to the business community and to business possibilities.

Quote—“Significance — the quality of being important, influential or have major effect irrespective of one’s financial value—comes not by who we associate but by who we are.”

10 Big Mistakes Parents Make

by
Craig Playstead, Free Lance Writer

While we all love our kids, in this day and age of two working parents and insane schedules, we tend to cut corners and neglect important things. That being said, here are 10 big mistakes parents make.—By Craig Playstead

1) Spoiling kids

There is no doubt that parents love their kids and want them to have all the things they didn’t have. However, this comes at a price. A ton of well-intentioned parents have ended up spoiling their kids to such a degree that the kids aren’t even happy with all the stuff they have. This causes

them to never be satisfied and always wanting more. Junior doesn’t need one more piece of crap, what he needs is some special time with his parents. Think of it this way: How will they ever be prepared for disappointment throughout their life—or learn to be thankful for anything?

2) Inadequate discipline

When you’re too lazy to adequately discipline your kids, you pass the little devil you’ve created on to your relatives, coaches, teachers, and his friends’ parents. It’s not OK to let your kids treat

your house like it was a Jump Planet because that’s exactly how they’ll treat other people’s homes. They should also be much better behaved when they leave the house and visit elsewhere. I’ve lived through this nightmare first-hand, with the same kid at my house treating my \$1,500 couch like a trampoline, and then calling my daughter “ugly” while the kids were eating dinner. All within a 15-minute span. If you don’t discipline your kid, someone else will—and you won’t like it.

3) Failing to get involved at school

School is where your kids will spend more time than any place besides your home. It’s also the place that will have the most responsibility for shaping their life—from teachers and their peers. That being said, how can you not want to be involved in what’s going on there? It doesn’t matter

(Continued on page 7)

ENS Hires Family Advocate

The expansion of services at ENS requires continuous improvement. The Department of Justice Services approved a grant that will permit ENS to continue to expand services that better support the entire family. Our Mentoring Services Coordinator is outstanding at focusing to mentor—protégé needs and relations. ENS saw the need to continue to embrace the holistic concept by involving parents in a more comprehensive way. Thus, the position of Family Advocate, funded 0.5FTE, is established and

funded.

ENS is proud to bring on board Ms. Linda Sturtivant, the Advocacy focus, and Mr. Harold Jackson, the Mentoring focus.

Sturtivant will be our first Family Advocate. Under this position, ENS will implement a new annual programming curriculum. This is a highly rated program in both education and justice department circles. These curricula will involve both youth and parents in an all-encompassing annual program of evidenced-based development activities.

June Close Out Ceremony

Board Chairman, Michael Bouie and Alton Mosley presided over the Close Out Ceremony at Dumfries Pizza Restaurant.



Recognizing good work and achievement is the capstone for the year's accomplishment. Special awards



went to several youth and mentors including—Anthony Buzzanca, Shahnahwaz Bhuiyan, Jahmir Redmond, Ceara Small, and mentors—Brandon Wiggins, James McDonald, Jerron Ferron, Marie Feliciano, Crissy Arledge and Sherry Stone

ENS Send 8-Youth - YADAPP Leadership Conference

ENS seeks every opportunity it can to empower youth.

This summer camp year we were blessed to send 8 youth to the Youth Alcohol and Drug Prevention Project, a leadership Conference, at Longwood University, near Richmond, VA. They are



Diamonique Johnson, Jarica Perkins, Dysha Bowns, Sha Bowns, Austin Reno, Kayla Dupree, Angelo Dawkins, and Anissa Waddell. The Chaperones were Emily Coopwood and Alexandria Walls—a senior at Virginia State and Junior at George Mason University

respectively.

The leadership program trains and empowering 500 teens to become involved in improving their community and keeping their schools alcohol and drug free.



Those invited to participate in YADAPP's 2010 Summer

Leadership Project must support a community Project: Strategies to Act Now (STAN) plan is the focal point of the Youth Alcohol and Drug Abuse Prevention Project—or

YADAPP, as we call it.

At YADAPP, the teen is expected to learn from the topical workshops, forums and speakers, and develop an action plan that promotes substance

This year we selected 8 promising youth who can benefit for this leadership conference

Summer Enrichment Camp

This year, we welcome Ms. Ashlee Owens returned back this year as our Summer Camp Director. She is a Hampton University Education Major, with passion and quality experience with youth. Ashlee has plans of becoming a Child Psychologist in an educational setting.



Yes, the Summer Enrichment Camp is a component of our mentoring program strategy. Many youth who have a tough time during

the school year can improve their preparation for the next school year. Our summer program is about asset building—learning, organization, structure, community exposure and attitude adjustment exploring many topics, and of course—there is summer fun. We build a camp program to do just that.

But, in the end our question is—is your child better prepared for the fall school program? The feedback from parent has been absolutely! Some of our summer programming included sessions in conflict resolution and management; a host of asset building and community activities, and of course math and science week activities.

We are also please to have with us Emily Coopwood, a senior at Virginia State University and Jeffrey Godfrey, an education major at NOVA, our lead camp instructors. We are proud of the work they do; and

the there is “tons of fun”, The kids had even as Uncle Sam visits and displays his wizardry in learning life and character principles

The YADAPP leadership development, Conference at Longwood University is a part of the summer camp program. We look forward to the community project they develop for implementation.



ENS Youth Mentoring Partnership

ENS CEO Receive Business Journal Minority Business Leaders Award

Many say, this is an award well deserved.

Our organization was proud to witness the recognition of Mr. Daniels for his community effort. Our hands go out to the 2010 Washington Business



Journal Minority Business Leaders Award annual program.

Having witness first hand the enormous work that is required in this business. I personally find it humbling to see the effort of 25 area great business man, entrepreneurs, and community agency leaders in one setting and the work they have done.

I was fortunate to get the attention of the Journal and make this submission. It was my belief that the original and



ground breaking work Mr. Daniels and the organization have done is deservedly worthy of note and recognition. The contributions each has made is unbelievable. The award is well

deserved. I am proud to be part of the organization and speak on behalf of the entire organization, Chairman Bouie and the Board of Directors.

By Anita Waddell

Quote “It’s a funny thing about life; if you refuse to accept anything but your best, you often get it.”

Keeping It Simple—6 Pillars of Good Character

These six core ethical values from the foundation of the CHARACTER COUNTS! Youth Ethics Initiative. More detailed discussion of the Six Pillars is included in Making Ethical Decisions, a Josephson Institute Booklet.

Trustworthiness

Be honest • Don’t deceive, cheat or steal • Be reliable — do what you say you’ll do • Have the courage to do the right thing • Build a good reputation • Be loyal — stand by your family, friends and country

Respect

Treat others with respect; follow the Golden Rule • Be tolerant of differences • Use good manners, not bad language • Be considerate of the feelings of others • Don’t threaten, hit or hurt anyone • Deal peacefully with anger, insults and disagreements

Responsibility

Do what you are supposed to do • Persevere: keep on trying! • Always do your best • Use self-control • Be self-disciplined • Think before you act — consider the consequences • Be accountable for your choices.

Fairness

Play by the rules • Take turns and share • Be open-minded; listen to others • Don’t take advantage of others • Don’t blame others carelessly

Caring

Be kind • Be compassionate and show you care • Express gratitude • Forgive others • Help people in need.

Citizenship

Do your share to make your school and community better • Cooperate • Get involved in community affairs • Stay informed; vote • Be a good neighbor • Obey laws and rules • Respect authority • Protect the environment



After School Program & Remediation

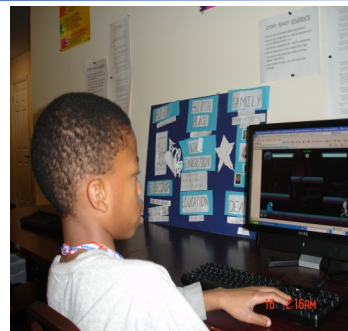
This completed our second year providing full service After School Remediation Support to youth.

After school programs are basically designed to develop a talent or a skill that is ignored by regular schools. These programs could be educational or recreational in nature. Whatever type they are, they basically aim to keep the child active and inter-

ested.

Many of our clients find it just the correct complement to school services and support. Sometimes, the home or school environment don't quite get the job done. Parents find themselves at their wits end.

Keeping track of the myriad of school activities and getting homework done is very much dependent on keeping track of things and



knowing what the home work is. Some kids just haven't mastered this skill. Our After School Remediation Program focuses on remediation—class organization and class management skills. Many of

our children have not mastered class organization and class management at the middle and high school grades, and feel helpless. Building the child's confidence becomes an imperative. A bag of tricks that include incentives, rewards on short term basis and consequences have proven helpful in progressively build consistency; and getting adjustment parent support and oversight seems to make a big difference.

Cont

10 Mistakes Parents Make

(Continue from page 4)

if it's you or your spouse: Your family needs to have a presence at that school. And don't use work as an excuse—take a vacation day if you need to. You'll see immediately that it's time well spent. You should also have at least an e-mail relationship with their teacher. It's a great way for that teacher to see that you're interested in your child's development, and the teacher can alert you to things that may be going on with your son or daughter. Your kid's teacher may take a much more active role with your child if they know you're keeping close tabs.

4) Praising mediocrity

While we all want to encourage our kids to do well and build their self-esteem, there is a point of going too far. Building a child's self-esteem is great, but having a big party for a mediocre accomplishment skews what they view as a real achievement. One big place I see this is in sports. A participation trophy for anyone over the age of 6 just ends up devaluing the meaning of a real trophy. It's happening in my own household. While I was against trophies for my 7-year-old son's basketball team, a few moms overruled. My son has played exactly four seasons of sports and has earned more trophies than I did in my 40 seasons growing up. Something is out of whack.

5) Not giving kids enough responsibility

Your kids shouldn't be expecting any payment for doing chores around the house. It's a home, not a hotel. That being said, an allowance is a great idea ... for extra work. They should be pulling their weight as part of the family.

If they grow up without enough responsibility, how in the world do you expect them to hold down a job, or get through college? When they get "of age," make sure they're taking some of the burden off you around the house—from unloading the dishwasher to picking up dog crap in the backyard. While they're not your slaves, they sure aren't on vacation, either.

6) Not being a good spouse

How you treat your husband or wife is very important to the way your kids will develop relationships, especially as adults. If you treat your spouse poorly, or if your only way to settle any kind of dispute is to yell and scream at each other, you're teaching your kids to handle themselves the same way. Kids learn from watching you much more than they learn from listening to you. If you treat your spouse with love and respect, it will also show your kids the value of their family. It will also make them feel their family is a safe haven in what can be a dark, scary world.

7) Setting unreal expectations

When dealing with kids, you need to set reasonable expectations for them—especially the little ones. If you want to go out to a nice dinner and expect your 2-year-old to sit there like a little prince, you are setting yourself up for major disappointment. Also, if you have visions of a football star and your son weighs 80 pounds and likes to play the clarinet, you need to reset those expectations. Don't have unreal expectations for your kids: The expectation you should have is for them to be happy.

8) Not teaching kids to fend for themselves

Many parents tend to baby kids these days and cater to their every need, and that eliminates the value of hard work and becoming independent as they grow into adults. I fear that we're raising a generations of wimps. Kids nowadays expect everything to be done for them, from cleaning

their room to band-aids for hurt feelings. Teaching them to toughen up and do things on their own doesn't mean that you love them less; it means you love them more.

9) Pushing trends on kids

Let kids be kids. Parents shouldn't push their trends or adult outlook on life on their kids. Just because it was your life's dream to marry a rich guy doesn't mean we need to see your 4-year-old daughter in a "Future Trophy Wife" t-shirt. The same goes for the double ear piercing—that's what you want, not them. Teaching kids about your passions is great, but let them grow up to be who they are. And yes, this goes for you pathetic stage parents as well. It's hard enough for kids to figure out who they are in the world without you trying to turn them into what you couldn't be.

10) Not following through

I have trouble with this one sometimes. If you're telling your kids that they'll be grounded if they paint the neighbor's dog one more time, you'd better follow through. Unfortunately, following through on punishments or promises makes your life a little more difficult, but building trust is what's most important. If you're not true to your word, your kids will assume anything you say is just talk. Then you have a real problem on your hands. You'll also end up with kids who don't trust their parents.

Craig Playstead is a freelance writer and happily married father of three living in the suburbs of Seattle. In the past he's also been a sports writer, online editor, and talk show host.



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ENS Youth Mentoring Partnership

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***"Building Stronger Families and Communities One
Child, One Person At A Time"***



www.ens-inc.org

Your donation says... I (we) support you! Your donation helps us to continue to expand services—strengthening today's and future families by mentoring youth and providing academic guidance for growth as healthy and stable productive citizens and tomorrows leaders!!

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UW # 8585



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